

## For next week:

**Dec 3** Band Concert (Dave Dunnet Theatre 7:00 pm)

**Dec 4** Grade 9 Immunizations (cafeteria)

For your information:

## 2025 OBHS Holiday Hamper - Food and Cash drive.

From Dec. 1 to Dec. 12 Oak Bay High School will be collecting food and money in order to create holiday hampers for families in our school community who are in need. <u>Please see the attached link for more information and a link to the school cash online contribution page</u>.

## Sno'uyutth - "Spreading Good Energy"

Over the past couple weeks, and beyond, students have had, and will have, the opportunity to learn more about Sno'uyutth and our Sno'uyutth Welcome Pole. 10 years ago (Nov. 22), the pole was carved, unveiled, blessed, and gifted to our school. Sno'uyutth is the Lekwungen word for "Spreading Good Energy". It is a way of being that has depth and embodies wisdom, mindfulness, empathy, stewardship, appreciation, and recognition, etc. The teachings of Sno'uyutth are embedded in our school goals. Please check out the following links as a starting place:

- To learn more about <u>Sno'uyutth</u>, the carver and designer of the pole, and the <u>Lekwungen</u> people.
- To watch a <u>video on Lekwungen Territory</u>.

## **Food & CLothing Drive**

Monday will be the last day we will be collecting warm clothing items for Community Leadership's Warm Clothing Drive. Please have your child bring in warm clothing and place it in the box in front of the office.