



Oct 3, 2025

For next week:

Oct 7 UVIC & Camosun Info Meeting (7:00 pm Dave Dunnett Theatre)

Oct 8 Team Planning -first class begins at 9:55 am

For your information:

Grade 9 Careers in Health Explore Day – Friday, October 24 (Pro D) – 9 am – 2 pm. Grade 9 students are encouraged to apply for this exciting day at Camosun College Interurban Campus to learn about health careers. See Ms. Giesbrecht in the Career Centre for an application and the website for more details.

<https://oakbaycareercentre.weebly.com/news-events> The deadline to apply is Tuesday, October 14th.

Parents as Education & Career Coaches

EducationPlannerBC invites parents, families, and supporters to register [here](#) to join our virtual presentation on Wednesday, October 29, 2025, from 6:30pm-7:45pm.

Come explore our website! Learn about post-secondary education and career opportunities, and resources to support your student in planning for their future. The information will be especially helpful for families with students in grades 10-12.

Search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

Visit our [Parents & supporters](#) website for our event calendar and helpful resources.

If you are unable to register, please join our upcoming [Live Learning](#) sessions on **Tuesday, October 28, or Wednesday, November 19, from 6:30-7:30pm.**

For more information, contact support@educationplannerbc.ca .

Reminder

UVIC AND CAMOSUN INFORMATION EVENING

Oak Bay would like to invite you to join our annual UVic and Camosun College Information Evening on October 7th from 7:00pm-8:00pm in our theatre. This event provides an opportunity for students and parents to learn about the programs offered, scholarships, admissions, application process and speak with the representatives.

If you have any questions about the evening, please contact Ms. Giesbrecht at sgiesbrecht@sd61.bc.ca

We hope to see you there.

From PAC...

Screenagers: Growing Up in the Digital Age

Oak Bay PAC invites you to join us on Thursday Oct 16 at 7 pm for a showing of this award winning film. Filmmaker and physician Dr. Delaney Ruston explores many themes while offering solutions on how we can help our kids navigate the digital world. See these links for examples:

[Internet addiction](#)

[Screentime contracts](#)

[Digital Citizenship](#)

[Parenting apps](#)

Hope to see you there on the 16th with your teens!

[Movie Trailer](#)

[More screening information and ideas](#)

This event is jointly organized by PACs from Oak Bay High and Monterey and Lansdowne Middle Schools. No tickets are required. Screening time is 1 hour, and after the show we will host a discussion exploring some of the themes presented in the movie. Your reactions and input plus those of your teens will be valuable to us all.

From the Victoria Immigrant & Refugee Centre...

I am delighted to announce that again this scholastic year VIRCS (Victoria Immigrant and Refugee Centre) and I are co-hosting a weekly **Youth Night (grades 8 - 12)** for newcomer immigrant and refugee youth at the NLC at Victoria High School. Youth Night will occur on Thursdays beginning October 2 from 4:00 - 6:00 PM. I have attached a map of the NLC for your reference as well as a poster about the event. Yes, there will be pizza! 🍕 😊

Grade 8 – 12 newcomer immigrant and refugee students are welcome to register anytime for Youth Night with the QR Code on the poster or at the following email address: enable@vircs.bc.ca

Please freely disseminate this information. Many thanks.

Have a restful weekend.

Warmest regards,

Sam

For more information, please see the [flyer](#)