

The Acorn

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Restaurant Review: *Bon Sushi*

By Maya Ney-Nichols



Chek News

Located at 1467 Hampshire Road in the Oak Bay Village, Bon Sushi is a wonderful Japanese restaurant serving some of the best Japanese dishes and entrees I've ever had. Its casual and friendly environment creates an even greater experience while enjoying their tasty options from a large menu. Bon Sushi is a local and family run restaurant serving up wonderful evenings of tasty meals and experiences at an affordable price. My personal favorite dishes include: Tempura, Sushi Rolls, Agedashi Tofu, soups such as miso soup or ramen, and many more.

The service at Bon Sushi is fast and attentive, all the while very friendly and welcoming. The staff there are all very kind and respectful, caring about the quality of the food and are dedicated to providing their customers with an experience they will never forget. They create a family friendly atmosphere, but also manage to ensure an

environment that welcomes friends, couples and groups.

The environment created at Bon Sushi is lively and casual. The soft instrumental music that plays in the background adds even more to the welcoming and relaxing ambience. The warm sunlight that pours through the windows creates a comfortable and happy atmosphere. The smell of sushi and meals being made in the kitchen is sure to create an appetite!

The food served at Bon Sushi is the best Japanese food I have ever had. It is always super flavorful and fresh, and the dishes always have the perfect amount of sweet, salty or spicy. The sizable menu allows you to have many different options of different foods to choose from. The dishes melt in your mouth and make you wish you had ordered more.

Overall, I highly recommend visiting Bon Sushi, as they do not disappoint! The environment, service and food is sure to create a wonderful night out, or night in if you order take out. The food served here is absolutely delicious and amazing, so go check it out!



Pride 2025

By Rocio De La Rosa

Canada celebrates Pride Month this June to bring awareness and recognition to the LGBTQ+ community and their fight for equality. Although Victoria's Pride Parade will be happening on July 6th, there are a number of events happening around town in June highlighting the LGBTQ+ community and bringing attention to the history and future of LGBTQ+ individuals.



Victoria Pride Society

Pride and the Pride Month we celebrate today found its roots in the Stonewall Riots and surrounding protests, which took place in New York City during the 70s. New York City became known as the birthplace of Pride in North America because of the strides the LGBTQ+ community was able to make during the 70s and 80s.

Canada's Pride Month began as a series of protests and marches in the 70s, which later became parades and celebrations across the country. Vancouver and Montreal became home to the first ever Pride Parades in Canada and, according to Victoria Pride Society, Victoria's first Pride Parade was approved in 1994 where

protestors were only allowed to march on the sidewalks of Government Street. Across Canada, Pride Month is celebrated in different months. Throughout Canada, most Pride events occur in June, but some provinces celebrate during July, August, and even September due to historically significant events, or simply more agreeable weather.

Pride 2025 offers the chance to educate yourself on the history and importance of Pride, connect with and celebrate your identity, promote LGBTQ+ media and representation, and in general, immerse yourself in the vibrant culture of pride and we, in 2025, have the opportunity to celebrate.

Oak Bay Band's Year-End Concert: "Adventure"

By Sophia Schlag

Last week, Oak Bay High's Band and Strings groups assembled in the Dave Dunnett Community Theatre for their final performance of the year. As a culmination of many months of hard work and effort, there was a heightened level of experience and professionalism that really made the environment on and off the stage joyful, as well as bittersweet, as the Class of 2025, in their formal grad attire, performed for the last time under the stage lights.

Jeff Weaver, head of the band program, believed that "Adventure" was a fitting title with the pieces we would be performing and the adventures Band had gone on this year; From their Europe Trip to Nanaimo. Some highlights include "Selections from Wicked",

performed excellently by the Orchestra as a video featuring shots from the movie and musical played overhead; Band 10's "With Each Sunset (Comes the Promise of a New Day)", a reflective and triumphant piece in honour of a recently departed music teacher; And Band 11/12's "Bond... James Bond", which told the classic spy story with iconic jazz music and was expertly played. Not that I'm biased or anything...



Photo Credit Sophia

Other standout moments of the night include when Steven Price, who used to be a professional opera singer, came on stage and sang "the second anthem of Canada," accompanied by Band 10, which many parents recognized immediately, and many younger people had no clue about. Additionally, Band 9's "Piranha Plants on Parade" really showcased how much they've grown with an upbeat march.

The evening was full of awards and a final presentation of the Grads, which filled the theatre with joy and applause, making this event one of my favourites of the year. "Adventure" was a triumphant final concert, heralding new beginnings and the potential for next year, and it was an honour to be a part of it.

Why You Might Want To Study Abroad

By Ross Wilson

Have you ever wanted to live in another country and learn about their culture? If so, studying abroad, through an international exchange, might be for you. You might be wondering what it means to study abroad. Here's what it is: basically, you live in another country for a certain amount of time, with a host family (or multiple), learn about their culture and attend school there. Optionally, you may also host someone coming from the country you plan to .

Some advantages include:

Learning a new language: As long as you don't already know their language, living in another country will most definitely help you immerse in the language. That is something that you can't find just by using language learning apps.

Cultural immersion: By studying abroad, you will be immersed in a (probably) whole new culture. This will help you have a better understanding of the world around us.

Forming new connections: This will be extremely useful not only during time abroad, but also afterwards. During time abroad, forming connections can include making new friends, and connecting with teachers, host families, and others. Afterwards, if you ever want to return to the country, having those connections will make it easier. In addition to that, you could have some lifelong friends that you can

keep in touch with.

Looks fantastic on your resume and post secondary applications: Employers and higher education institutions absolutely love seeing that people studied abroad on their applications. It shows how you may have learned a new language, formed new connections, and have a greater understanding of the world.

Exposure to a different education system: Have you ever wondered what education is like in other parts of the world? By attending school in another country, you will be able to have a wider perspective of how things might be taught differently.



Dispatches Europe

Here are some of the most reputable programs (in my opinion):

- The Rotary Youth Exchange
- AFS Intercultural Programs
- Exchange to Victoria's sister city of Morioka, Japan

Jokes and Riddles

Why does the camera take terrible photos in the summer?

Because it's focused on relaxation!

What is always in front of you but can't be seen?

The future

Why don't mosquitoes make good comedians?

Their jokes always suck!

What has many keys but can't open a single lock?

A piano

What's the worst kind of ice cream?

The kind you dropped!

What building has the most stories?

The library

Why did the math book look sad?

Because it had too many problems!

June 4th is National Hug Your Cat Day

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SPHYNX
CLAW
CALICO
FELINE
TORTOISESHELL
PERSIAN
PURR
TABBY
KITTENS
WHISKERS
PAWS
MEOW



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