

# L'École Secondaire

## Oak Bay High

Jan 19, 2024

Dear Parents, Guardians & Students,

Here are some of the important dates for this week:

Jan 22 - 26 Graduation Assessments - Students in grades 10-12 should look at the lists outside the

office to see if/when they write

Jan 23 & 24 Evening of Dance -7:00 pm Dave Dunnet Theatre

Jan 23 Team Planning -regular classes begin at 9:55 am

Jan 25 Gang Education & Trends presentation -See flyer for information and registration

For those of you who wish to connect with our daily announcements, please go to the following link:

https://oakbay.sd61.bc.ca/news-events/announcements/

#### Reminder.... Bottle Drive @ Oak Bay Sat Jan 20th

Come and support the Oak Bay Arts & Culture trip this upcoming July by donating your refundables from 10:00 am to 2:00 pm at the front of the school

#### Texas Hold'em Tournament - Feb 8 - Fundraiser for Italy tour

Please see the attached flyer for this wonderful fundraising event and help support our Barbs

#### From Oak Bay Parks & Rec..... Mindfulness for Teens

Please see the <u>brochure</u> for information regarding a Mindfulness program for teens.

#### From PAC:

Thanks to everyone who attended the last PAC meeting on Jan 15th. Next PAC meeting is February 26th.

#### **OBH PAC presents:**

**Gang Education & Trends Seminar** 

Thursday, January 25th, 7pm

Please join us for an opportunity for adults and youth to better understand gang trends in our community. There has been increasing gang activity throughout the region and it has permeated into schools, including OBH. This important information is free to our school community. Registration is now open. For details of the event and registration information please see the attached poster. Please note some of the information contained in the presentation may not be suitable for younger ages.

#### From the Yearbook...Baby Grad Photos

This is an opportunity to have your child's baby picture(s) in the yearbook with a personal message.

Baby Grad pictures and write-ups must be submitted by Friday, February 16th, 2024.

The Baby Grad entries are optional. You may choose to enter one or two if you would like to, they may come from parents, siblings, grandparents, etc. The cost is \$10 per submission, to a maximum of 2 per student. Your write-up may include anything you would like, a quote, well-wishes, memories, etc.

The write-up must be to a maximum of 45 words.

If you have any questions or concerns please email Ben at bturner@sd61.bc.ca

PLEASE LABEL EACH PHOTO WITH YOUR CHILD'S NAME

For example: Smith, Bob1 and Smith, Bob2

Since photo uploads are required, this form will require you to sign into Google.

Link for submission:

https://forms.gle/ogtB89Xu5yui2vJeA

For yearbook order information, please follow the <u>link</u>

### JANUARY/FEBRUARY 2024 SNAPSHOT

#### **TOPIC: Peer Connections**

Peer connections are vital for children and youth as they contribute to the development of social skills, emotional intelligence, a sense of belonging and mental well-being. From kindergarten through to high school, parents can play a crucial role in helping their child navigate friendships by fostering their social skills, providing guidance on conflict resolution, and adapting their support to meet the changing needs of their child.

Secondary - Teen Relationships, Romance and Respect

### From Oak Bay Parks & Rec..... Mindfulness for Teens

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