



L'École Secondaire Oak Bay High

Nov 3, 2023

Dear Parents, Guardians & Students,

For those of you who wish to connect with our daily announcements, please go to the following link:

<https://oakbay.sd61.bc.ca/news-events/announcements/>

Just some reminders for the upcoming week:

Monday, Nov 6th	-Post Secondary workshop 7:00 pm (How to apply to post-secondary)
Tuesday, Nov 7th	-Earthquake drill @ 11:05 am -Vocal Jazz Concert 7:00 pm Dave Dunnet Theatre
Wednesday, Nov 8th	-Indigenous Veterans Day -Team Planning - First period class begins at 9:55 am
Friday, Nov, 10th	-Remembrance Day Assembly

Post-Secondary workshop..

Grads + Grad families - November 6th, 7- 8 pm in the Oak Bay theatre, Mr. Alexander is holding an info night on How to Apply to Postsecondary. You are encouraged to attend (especially if grade 12's have not been coming to scholarship class!). It's designed to be an info night for parents and grade 12's around the process of deciding what post-secondary(s) to apply for.

From PAC...

Naloxone training for parents

- Monday, November 27th, 7:00 pm Cafeteria

The next PAC meeting will feature a hands-on Naloxone training session provided by Victoria's Youth Clinic, The Foundry. Nursing staff and a peer support worker will be presenting

Oak Bay Band Student Fundraiser...

Order your holiday poinsettias and help support the Oak Bay Band program. See the [link](#) for details.

NOVEMBER/DECEMBER SNAPSHOT TOPIC: Parent Child Connection

When parents are responsive and empathetic to their children's emotions it communicates to the child that their feelings are important and worthy of attention, which, in turn, strengthens the bond between parent and child. Over time, children learn to rely on their parents as a source of comfort and support, making them more likely to openly communicate and seek guidance when facing challenges or experiencing difficult emotions.

Secondary – [The Emotional Life of Teens](#)

Water is Life..

In preparation for the 2024 Water is Life Conference being held at Oak Bay (July 1st to July 5th), the organizing team has been working hard on putting the conference details together into Information Package 2, which has just been sent out to participating schools from Europe, Asia, North & South America and Africa.

To keep you updated regarding the conference planning details, I have included a copy of Info Pack 2 in the link below. If you have any questions, please contact Mr. Shrubsole.

https://docs.google.com/document/d/1h_YivnxK2IkEWA00AVTFOWrkeYdaty0y/edit?usp=sharing&oid=109345047846034338829&rtpof=true&sd=true



Information Pack 2

[2. Information Pack2 \(OB 2024\).docx](#)

Information Pack 2 Conference Program
Options for Conference Out Trips Pre-registered
Schools Timeline Full Registration Procedure
Frequently Asked Questions Financial
Information Appendix I Project Information
Appendix II Research Paper Layout Conference
Program Water is Life June 30 – ...

docs.google.com