

# L'École Secondaire

Oak Bay High

Nov 10, 2023

Dear Parents, Guardians & Students,

For those of you who wish to connect with our daily announcements, please go to the following link:

https://oakbay.sd61.bc.ca/news-events/announcements/

#### Just some reminders for the upcoming week:

Monday, Nov 10th	-Schools not in session (Remembrance Day Nov. 11)
Nov 14 - 17	-Grad Photos @ OB Rec Centre
Nov 15	-Jazz band concert (7:00 pm Dave Dunnet Theatre)

#### From School Leadership...

Students from our leadership program have teamed up with Mayor Kevin Murdoch in a fundraising campaign aimed at raising \$20,000 to purchase two generators to heat and provide light for two schools in a small town in war torn Ukraine. Please see the <u>media release</u> for more information about this initiative and how you can support.

### From PAC...

#### Naloxone training for parents

• Monday, November 27th, 7:00 pm Cafeteria

Please join us on Monday, November 27th for a hands-on Naloxone training session provided by Victoria's Youth Clinic, The Foundry. Nursing staff and a peer support worker will be presenting.

Naloxone is a medication which reverses the effects of opioids, including Fentanyl. It is given in instances of opioid overdose to reverse the negative effects, including the decreased drive to breathe.

The opioid crisis affects many in our school community and this is an opportunity to learn how to administer this life saving medication.

#### Water is Life....

#### "Water is Life" Exchange program (2023/2024)

Open to grades 10-12 (1 spot remaining)

This Year's Events:

- · Water is Life Netherlands Exchange with Maurick College
  - Netherlands Visit: March 2024
  - o Canada Visit: May 2024

What are the perks of the 'Water is Life' exchange?

- · To develop practical scientific field skills
- $\cdot\,$  To engage in a local, relevant, real-world research project
- · Chance to earn 4 credits through 'Directed Studies' Course

 $\cdot\,$  To develop friendship and collaborative networks through an exchange with Maurick College (The Netherlands)

 $\cdot\,$  To visit and experience the culture of The Netherlands, including a chance to visit Amsterdam

Questions? Email djshrubsole@sd61.bc.ca (Mr. Shrubsole) or aunderwood@sd61.bc.ca (Ms. Underwood)

https://docs.google.com/presentation/d/1hE8WnPOWcmSIIyCG1APCodVulKUq7Eve\_1P0 A2xjIIY/edit?usp=sharing



## 2023-2024 Parent & Student Water is Life Meeting (shortened version)

"Water is Life" Exchange Program 2023 - 2024

docs.google.com