



Oak Bay High School

Next Week @ Oak Bay High

Mar 14-18th, 2022

Mar 12/13th Annual Compost Fundraiser
Mar 16th Student Surveys
Mar 17th Oak Bay Spirit Day
Mar 18th Last day of school before Spring Break
Apr 4th Return to school from Spring Break.



COVID MASK UPDATE

As you may be aware, masks are no longer required in public spaces as of today. However, in K-12 settings, masks will still be required until the return from Spring Break on **Monday, April 4, 2022**. At this time, masks will become optional. The decision to wear a mask or face covering will be a personal choice for staff, students and visitors. It is important to note that everyone's comfort level with or without masks may vary—and that a person's choice to continue wearing a mask is to be supported and respected. We encourage you to have conversations with your children to remain supportive of those who wish to continue wearing their masks.

Oak Bay Timetable Survey 2022-23 and beyond

Oak Bay High School is beginning plans for the 2022-23 school year and beyond. The district has requested that all schools wishing to explore any changes to their current timetable, semester for Oak Bay, need to consult with all stakeholders, parents, students and staff. Due to the COVID 19 pandemic over the past three school years we have had three different timetables (linear, quarter and semester). Over this period of time our school community has been amazingly flexible and understanding as we have made adjustments to our schedules as required by the Ministries of Health and Education. We know that school schedules can have a powerful impact on students, families, and overall student achievement. Our school is exploring which option (linear or semester) would work best at Oak Bay to support student achievement and wellbeing.

Next week both parents and students will be invited to complete a survey to provide feedback to assist us in making the best decision for our all community. Students will complete the survey next week during focus on Wednesday March 16th and parents will be sent a link to the survey next week.



Sports News



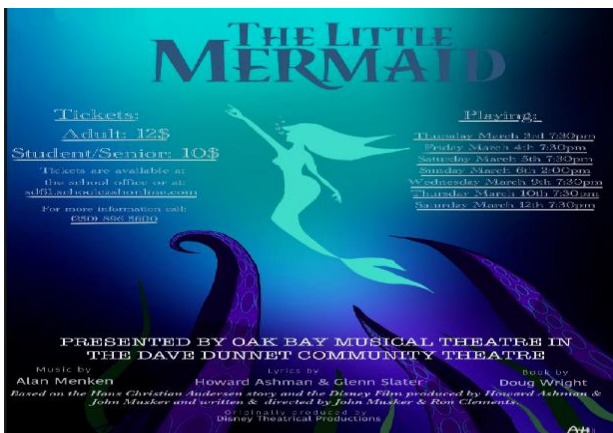
Jr & Sr Girls Soccer season officially starts next week.

Jr Girls Soccer won their first exhibition match against Reynolds this past Monday night.

Sr Boys BasketBall – are at the VBC Provincial Championships, the boys lost their first round game at provincials but won their second and can still finish as high as 9th.

Susan Wang took home top honours in the Skills Canada BC South Vancouver Island Regional Baking Competition hosted by Camosun on Friday March 4th. In a competition against the top high school bakers, she came out on top by demonstrating her skills in bread, cookie and cake making. She placed third last year, so practice makes perfect. Congratulations Susan!





The final performance of the 2022 senior musical production of The Little Mermaid runs tomorrow in the Dave Dunnet Community Theatre to a sold out house. The students have performed to a number of appreciative sold out audiences who are so excited to be back to celebrate live theatre again. All of the students in the production have done an amazing job and have worked together beautifully to create a truly memorable production. Many thanks to all of the students, parents and guardians and the Oak Bay High community for their support, contributions and hard work.

Thursday, March 17th will be Oak Bay Spirit Day

Everyone is encouraged to wear green or Oak Bay gear.

The past few months have been very challenging. Despite the challenges, our school community has stayed strong and seen many significant successes. With spring around the corner, it's time to celebrate our amazing school and all the amazing people within it.

The will see a celebration of student accomplishments, music and fun activities at lunch.

Show your school pride, celebrate our collective successes and above all, have some well-deserved fun!



MENTAL HEALTH AND WELLNESS
SNAPSHOT

SUPPORTING OUR STUDENTS BY SUPPORTING THOSE WHO CARE FOR THEM

March 2022

Healthy Habits

As a parent of a teen, you are beginning to see your child become an adult. These are critical years that will affect both their current

and future health. Being physically active, eating right, managing stress and getting enough sleep all improve your teen's mental well-being.

