



Oak Bay High School

Next Week @ Oak Bay High

Nov 22nd-26th 2021

UPCOMING DATES

- Nov 30 Parent-Teacher Interviews-students dismissed @ 2:00pm
- Dec 1 Grade 9 Immunization--REMINDER
- Dec 17 Last day of school before Winter Break
- Jan 4 2022 School Re-Opens

Parent-Teacher Interviews (PTI): If you booked "Parent-Teacher Interviews" for Tuesday, Nov. 30th between 5-7:00pm, you can expect to receive an email from the teacher before Tuesday with further instructions and a Zoom link for the virtual meeting.

Purdy's Chocolates Oak Bay Band is raising funds for our tour to Whistler in April for the Cantando Music Festival. Students are selling Purdy's chocolates just in time for the winter holidays. If you would like to purchase please visit our website www.oakbayband.com and follow the link.



Sports News

Athletics Update:

Sr. Boys Volleyball Team-Congratulations for their second-place finish at the Island Championships last weekend. All-Stars to Kiran Chadwick-Rupp and Antoine Sauri. The team is ranked #11 going into the BC Championships Dec 8-11 in either Richmond or Kelowna(to be determined)

Swimming: Oak Bay results of the the BC Provincial Championships this past weekend. 5 members of the Oak Bay Swim Team, Johanna Weir (coach), Eric Ding, Christina Bier, Maddy Dickenmann, and Tigris Magdalenich, travelled to Richmond for Provincials this weekend. Congratulations all the swimmers for qualifying. Johanna took the silver medal in the 100M Freestyle, and 8th place in the 50M Freestyle. Eric Ding placed 4th in the 50M Backstroke and 6th place in the 50M Breaststroke. Congratulations on a great weekend!



OB FOOD DRIVE

Our Holiday "Fill the Bus" Food Drive is in full swing!

Please encourage your child to bring in non-perishables to donate to our Food Drive for The Mustard Seed. Donations can be dropped in front of the school office. We will be collecting donations until December 10th, advisories will be packing these items and filling the bus - it's an exciting opportunity to give back to those in our community who are struggling at this time and hopefully stock The Mustard Seed Food Bank for the winter months.



Examples of non-perishables:

CASH DONATIONS HELP US PURCHASE		RECOMMENDED FOODS TO DONATE	
DAIRY		NON-PERISHABLES	BABY NEEDS
Milk		Peanut Butter	Formula (powder or liquid)
Yogurt		Canned Fruits and Vegetables	Baby Food (jars)
Cheese		Canned or dried beans (chickpeas/kidney/etc)	Diapers/ Pull-ups
Eggs		Canned Fish (always a need for this)	PERSONAL NEEDS
PERISHABLES		Dry Pasta and Rice	Soap (laundry/dish/hand)
Any fresh veggies or fruits		Canned Soups	Toothpaste and brushes
Potatoes, carrots, and onions		Cooking Oil	Deodorant
Meat/protein		Cereal (instant and cooking)	Feminine Supplies

Other welcomed donations:

- Clean, gently-used clothes, shoes, backpacks and small home appliances to stock our Home Start and Clothing Boutique.
- (New) bagged and canned pet food, socks, and personal items such as shampoo/conditioner and hair brushes.

Please send your child with these donations to their advisory anytime during the week or to drop off in front of the office.

Cash donations can be made through our online through [Oak Bay Website](#) and/or cheques can be brought into the school accountant made out to [TheMustardSeed](#).



November 2021 Secondary Snapshot

This month’s topic is communication!

HELP! MY TEEN HAS STOPPED TALKING TO ME!



**TRAVEL REQUIREMENTS – KEY MESSAGING
GREATER VICTORIA SCHOOL DISTRICT NO. 61**

COMMUNICATION TO FAMILIES

Dear Parents/Guardians,

As the winter break approaches, the District would like to remind families and staff about travel requirements when leaving and returning to the country.

All travellers returning to/entering Canada must follow the testing and quarantine requirements. For all details, including 72 hour or less trips, please visit: www.travel.gc.ca.

There are some exemptions for fully vaccinated travellers who are permitted to enter Canada. We recommend that you review travel requirements prior to travel as advisories or guidelines may evolve.

Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada **CANNOT** attend school for 14 days after arrival, as part of federal requirements. This includes children under 12 who are travelling with their fully vaccinated parents.

Sources:

Government of Canada (2021). COVID-19: Requirements for fully vaccinated travellers and unvaccinated children less than 12 years of age. <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada.html>

BC Center for Disease Control (2021). Self-isolation and Self-monitoring. <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

