



Oak Bay High School

Next Week @ Oak Bay High

Nov 15th-19th 2021

UPCOMING DATES

Nov 15-19 Grad photo's happened this wk.

Nov 19 Report cards were distributed in ADVISORY CLASS to all students

Nov 22-25 Sign up for Parent-Teacher Interviews

Nov 30 Parent-Teacher Interviews-students dismissed @ 2:00pm

Dec 1 Grade 9 Immunization

Dec 17 Last day of school before Winter Break

Jan 4 2022 School Re-Opens

Report Cards & Parent-Teacher Interviews (PTI): Students received their Semester 1 interim report card today in Advisory. Parents/guardians are encouraged to review the report card with their child. Parents/guardians are welcome to reach out to teachers at any time during the semester to discuss student learning. Formal "Parent-Teacher Interviews" are set to take place on Tuesday, Nov. 30th (5-7pm). This year's PTI will occur virtually. On Monday, Nov. 22nd at 10am, parents/guardians will receive an email with instructions for booking a PTI. The instructions will contain a link to an online booking system, where they can book individual 10min meetings with teachers. The booking system will be open Nov. 22-Nov 25th. Parents/guardians will receive an email from the teacher on Friday, Nov 26th with further instructions and a Zoom link for the virtual meeting.

Purdy's Chocolates Oak Bay Band is raising funds for our tour to Whistler in April for the Cantando Music Festival. Students are selling Purdy's chocolates just in time for the winter holidays. If you would like to purchase please visit our website www.oakbayband.com and follow the link.



Sports News



Athletics Update:

Our Fall season of play will be wrapping up over the next couple of weeks. The school fielded 12 teams during the Fall season.

Field Hockey: Oak Bay won the PROVINCIAL CHAMPIONSHIP-- AAA GIRLS FIELD HOCKEY—CONGRATULATIONS GIRLS AND THANK YOU FOR YOUR HARD WORK & TEAM DEDICATION!!!

Swimming: The team is participating in the BC Provincial Championships this weekend.

Sr Boys Volleyball: The team is participating in the Island Championships this weekend.

Sr Girls Volleyball: The team is participating in the Island Championship this weekend.



OB FOOD DRIVE

Our Holiday "Fill the Bus" Food Drive is in full swing!

Please encourage your child to bring in non-perishables to donate to our Food Drive for The Mustard Seed.

We will be collecting donations until December 10th, advisories will be packing these items and filling the bus - it's an exciting opportunity to give back to those in our community who are struggling at this time and hopefully stock The Mustard Seed Food Bank for the winter months.

Examples of non-perishables:

CASH DONATIONS HELP US PURCHASE	RECOMMENDED FOODS TO DONATE	
DAIRY	NON-PERISHABLES	BABY NEEDS
Milk	Peanut Butter	Formula (powder or liquid)
Yogurt	Canned Fruits and Vegetables	Baby Food (jars)
Cheese	Canned or dried beans (chickpeas/kidney/etc)	Diapers/ Pull-ups
Eggs	Canned Fish (always a need for this)	PERSONAL NEEDS
PERISHABLES	Dry Pasta and Rice	Soap (laundry/dish/hand)
Any fresh veggies or fruits	Canned Soups	Toothpaste and brushes
Potatoes, carrots, and onions	Cooking Oil	Deodorant
Meat/protein	Cereal (instant and cooking)	Feminine Supplies

Other welcomed donations:

- Clean, gently-used clothes, shoes, backpacks and small home appliances to stock our Home Start and Clothing Boutique.
- (New) bagged and canned pet food, socks, and personal items such as shampoo/conditioner and hair brushes.

Please send your child with these donations to their advisory anytime during the week.

Cash donations can be made through our online through [Oak Bay Website](#) and/or cheques can be brought into the school accountant made out to [TheMustardSeed](#).





MENTAL HEALTH AND WELLNESS SNAPSHOT

SUPPORTING OUR STUDENTS BY SUPPORTING THOSE WHO CARE FOR THEM

November 2021 Secondary Snapshot

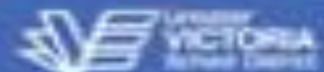
This month's topic is communication!

HELP! MY TEEN HAS STOPPED TALKING TO ME!



One Learning Community

November 2021



Reminder of our upcoming Careers, Trades, & Transitions Information Evening November 23rd from 7:00-8:00pm. If you haven't registered please [click here](#). There is still time to sign up to join us for an information evening hosted by the Pathways and Partnerships team. This information session is open to middle and secondary students and parents. Various career, trade, dual credit and transition opportunities, combined with stories of current and graduated students will be showcased.