



Oak Bay High School

This Week @ Oak Bay High

Feb. 3-7, 2020

Hi There,

The District of Oak Bay currently has a Budget Questionnaire looking for public feedback from all Oak Bay Residents on the services and levels of service currently provided by the District. The Budget Questionnaire is available online here: <https://connect.oakbay.ca/budget-questionnaire> or at Municipal Hall.

Thanks so much for your consideration.



Oak Bay High School Alumni SPORTS HALL OF FAME

You're Invited

to the Oak Bay Alumni Sports Hall of Fame Induction Banquet!

Saturday, February 22, 2020

Where: Oak Bay High School

6:30-8pm Drinks and Hors D'oeuvres
catered by Truffles

8-8:30pm Induction Ceremony

8:30-11pm Time to Celebrate!

For tickets, please follow steps here: <http://bit.ly/sportsOB>

Honour the outstanding achievements of athletes, coaches, patrons and builders who have contributed to the success, tradition, and development of the Oak Bay Athletics Program.

HONOURING:

Murray Allen	Andreas Hestler	Jack Showers
Keith Butler	Tom Holmes	Adam Straith
Heather Benson	Josh Howatson	Graham Taylor
Connor Braid	James Kirkpatrick	Dave Thomson
Yeta DiLalla	Kathleen Leahy	Chris Trumpy
Nick Gilbert	Maddie Secoo	Sean White
Mitch Gudgeon		

Congratulations!

Upcoming Dates

February 3

- Flip Block Schedule

February 4-7

- Course selection
- Admin will be visiting classes

February 7

- Schedule B

February 11

- Band Concert at 7pm

February 13

- Team Planning

February 14

- Pro-D

February 17

- Family Day

YEARBOOK BABY GRAD PHOTOS!!

Baby Grad picture deadline is **February 14th, 2020.**

Link: bit.ly/2020babygrad

This is an opportunity to have your child's baby picture(s) in the yearbook with a personal message.

The Baby Grad Yearbook entries are optional. You may choose to enter one or two. They may come from parents, siblings, grandparents, etc. The cost is \$10 per submission, to a maximum of 2 per student. Your write-up may include anything you would like, a quote, well-wishes, memories, etc.

The write up can be a maximum of 60 words.

PLEASE LABEL EACH PHOTO WITH YOUR CHILD'S NAME

For example: Smith, Bob1 and Smith, Bob2

Since photos uploads are required, this form will require you to sign in to Google.

Please use the online pay system here: <https://sd61.schoolcashionline.com/>

Photo submissions are only accepted electronically though: bit.ly/2020babygrad

If you have any questions or concerns please email Ben Turner at bturmer@sd61.bc.ca



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Congratulation to the Speech & Debate class which hosted the Commonwealth Conference this Saturday and special recognition goes to Olivier Shafonsky who will represent the Island at the Nationals in Ottawa.

Congratulations to the ski and snowboard team on an awesome race day at Mt. Washington. For the second race in a row, our entire team took top honours! Our **boys' snowboard team WON** their team category; Jake Trumble winning GOLD and Evan Graham winning SILVER! Excellent job boys! We have a great **Girls' Snowboard Team** who **WON** their team category! Colleen McKee won SILVER! The **Boys' Ski Team WON** (scoring the maximum 20 points). They took top 4 places in their event this week - Griffin Hart in 1st and Sam Meyer in 2nd. 5 of the top 6 boy skiers were from Oak Bay. Awesome job! The **Girls' Ski Team Won** their category this week to cap off our impressive showing! 4 of the top 6 racers were from Oak Bay with Silken Shepard skiing the single FASTEST race of the day. Awesome job to ALL TEAM MEMBERS!

Parents of 2020 Grads...

The Grad Class had a comprehensive "Grad Assembly" on January, 28th. Each of the upcoming Grad events/requirements were discussed in detail, including information, deadlines, fees, etc. All of the relevant information, forms and links can be found here <https://oakbay.sd61.bc.ca/student-info/grad-2020/>, including the "Grad Package 2020" which is a Google Form we are using to collect the vast majority of student/family information (ie. gown sizing, seats in the auditorium, etc). The deadline for submission of that form is Feb. 28th. We are hoping to collect the majority of payments via our Cash Online system, but our Accounting Office will still accept cash and cheques.

UPCOMING DEADLINES:

Yearbook Grad Writeup	January 31st
Grad Speaking Roles	February 7th
Yearbook Baby Photos & Quotes	February 14th
Valedictorian Speakoff & Grad Song/Gift Assembly	February 24th
Grad Clothing Order	February 28th
Capstone Project	April 17th
Grad Ceremony Writeup (in English Class)	April 30th
Grad Slideshow for Dinner/Dance Submissions	May 8th



13th ANNUAL 2020 VANCOUVER ISLAND PARENT CONFERENCE THE BALANCING ACT



**Saturday, Feb 29, 2020
8:30 am to 4:00 pm**

**Belmont Secondary School
3041 Langford Lake Road in Langford**

workshops & education on
CREATIVE INTELLIGENCE • PARENTING • MINDFULNESS • FREEDOM • SEX • PERFORMANCE • LITERACY

FEATURED SPEAKERS



ALYSON SCHAFER

Accoladed Parenting Expert
Alyson is an internationally acclaimed, bestselling author, family therapist and bestselling author. Alyson has authored 10 books and 100+ articles. With 20 years of research, clinical and field experience, Alyson provides a holistic approach to parenting and a family systems approach to discipline. Alyson will give parents the skills and confidence needed to face modern life challenges and goals in a resilient, caring, and capable way.



SHIMI KANG

Award-Winning Harvard-Trained Physician
Dr. Shimi Kang, a board-certified pediatrician, is a recognized expert in parenting, leadership, and motivation. Dr. Kang provides science-based solutions for healthy happiness and resilience for young people growing up in the future. With almost 20 years of clinical experience and extensive research in the science of healthy living, Dr. Kang provides practical tools to cultivate the key 21st century skills of resilience, creativity, and more.

Registration \$100 includes lunch and refreshments.

Registration deadline is Feb 20. Early bird rate: \$75 if registered by Feb 10.

For info updates or to register visit www.vipac.ca or email: info@vipac.ca

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WATER IS LIFE 2020

APPLICATION DEADLINE

WEDNESDAY FEB 5TH

Interested in developing practical **scientific field and leadership skills**, experiencing a **different culture**, and making lasting cross-cultural friendships? **Apply here:**

<https://sites.google.com/sd61learn.ca/shrubsolebiology/water-is-life-science-cultural-exchange>



**Water Is Life
Science & Cultural
Exchange**

**Grades 9-11 students
welcome!**

**Exchange with Maurick
College (Netherlands)**

**Deadline for
application
Wed Feb 5th!**

**SEE MR SHRUBSOLE OR
MS MCKINTY**
For more information

Sea of Cortez Trip - Nov 2020

(Trip Information Meeting)

Monday February 10th
at 6:30 pm in
Room 233

Open to Grade 10's and 11's

Panterra Young Naturalist Expedition
Liveaboard Marine Science Program

Activities will include:

- Snorkeling
- Kayaking
- Desert island hikes
- Marine life encounters including dolphins, sea lions, seabirds, and whale sharks!
- Cultural interactions – visiting local fishing villages
- Wildlife Conservation
- Baja Gifts Humanitarian Program



CLOTHING SWAP FEBRUARY 6th

**There is a Clothing Swap happening in
the Cafeteria.**

**Bring Clothes. Get Clothes. Earn Prizes.
Save the world. *For Free.***

Information is below:

Don't know what a Clothing Swap is? We've got you covered!

A clothing swap is an event, hosted by noble environmental stewards such as ourselves, in which people can take home vast amounts of used clothing — **for free**. Participants are encouraged to attend, both out of the goodness of their hearts, out of respect for their wallets, and because THERE ARE PRIZES FOR DONATION(!) but you don't have to if you're selfish. These prizes, which we've decided not to reveal yet (to keep you in suspense, of course), will be distributed in two ways: A guaranteed prize for whoever donates the most clothing (It's going to be really good!) and a raffle, where each item of clothing donated = 1 ticket for the draw. This event is too awesome to describe; You can get clothes, sweet prizes, and clean out that wardrobe — this is the opportunity of a school year!