



Oak Bay High School

This Week @ Oak Bay High

Week of April 8 - 12, 2019

Important Information for Parents and Students

Important information was shared with students during Advisory this morning about:

- New timetable starting September 2019,
- New OB App coming in September,
- Unavailable courses for next year, and
- Connect To Care Mental Health & Wellness Week April 15-18.

To view the information, please [click here](#). The information is also posted on the school website under Quick Links - "2019 New Timetable and School Events".

Oak Bay PAC Meeting TONIGHT

Oak Bay High PAC is pleased to announce that Sarah Graham and Elicia Loisselle from the **Victoria Sexual Assault Centre** will be presenting at our PAC Meeting on **Monday, April 8th at 7 p.m.** All Oak Bay parents and guardians are welcome to attend.

The presentation will focus on VSAC's prevention programming and particularly Project Respect: a group of youth and adults who work together to create awareness and dialogue around the issue of sexualized violence by encouraging critical thinking about its root causes – gender expectations and stereotypes, imbalances and abuses of power, and the ongoing colonization of the lands and the systems we live in. Project Respect has been creating a curriculum about cyber violence and will update the PAC about this.

VSAC is committed to ending sexualized violence through healing, education, and prevention. VSAC provides direct services to clients through supports such as counselling, help to access other services, and medical examination and treatment. If a survivor wants to contact the police about violence they have experienced, VSAC can also facilitate that. More information can be found at <https://www.yesmeansyes.com/>.



We are hiring!

The Greater Victoria School District is looking for passionate and qualified individuals to join our team in the following key roles:

- Educational Assistant Spareboard
- Clerical Spareboard
- StrongStart Program - Early Childhood Educators

If you or someone you know is interested in learning more about what positions we offer, please visit our website here: <https://www.sd61.bc.ca/our-district/employment/>

You can submit your resume, cover letter and qualifications to: hqs@sd61.bc.ca

Upcoming Dates

- April 8**
PAC Meeting 7 pm
- April 9**
Band Parents Assn Meeting
7 pm Band Room
- April 8-11**
Choir Festival
- April 11**
Team Planning (no Blk A)
- April 11**
New Parent Evening
7:00 - 8:00 p.m.
- April 12-13**
Victoria Band Festival
Concert Bands 9,10,11,12
- April 12**
Pro D Day
- April 15-18**
Mental Wellness Week
- April 15**
"Angst" 7:30 to 9:00
- April 17**
Choir Concert 7:00 pm
- April 19**
Good Friday Holiday
- April 22**
Easter Monday Holiday
- April 23**
Grad Transitions deadline
- April 23-24**
Dance Festival
- April 25**
Team Planning (no Blk H)
- April 25**
District Career Fair

Parent Learning Opportunities

Victoria Confederation of Parent Advisory Councils (VCPAC) has funding for four parents to attend the annual **BCCPAC (BC Confederation of Parent Advisory Councils) Conference**, taking place May 3-5, 2019 in Richmond, BC. The [BCCPAC Conference](#) is the largest of its kind focused on the education and support of parents by parents, and is unique in its ability to provide parents the opportunity to engage directly with senior officials within the Ministry of Education. This year's theme is 'Empowerment through knowledge and sharing.' Please send requests to info@vcpac.ca

VCPAC also has some funding to help parents attend the [Inclusion BC Conference](#), being held in Victoria from May 23-25 at the Victoria Conference Centre. **Inclusion 2019** is BC's premier learning event for intellectual disability, inclusion and diversity. Inclusion 2019 is a unique opportunity to get connected to the latest information and resources on inclusion and diversity, and is being co-hosted with Community Living Victoria, Victoria's largest non-profit community living services provider on Vancouver Island. Please send requests to info@vcpac.ca

VCPAC Award Nominations

Victoria Confederation of Parent Advisory Councils (VCPAC) is accepting nominations until May 3rd for the 2019 VCPAC awards, to take place at the VCPAC General Meeting on May 28th at Mt Douglas Secondary School, from 7 – 9 pm. The awards are an opportunity to show appreciation to the many individuals who contribute to the learning experience of our students. More information available at: [VCPAC Award Nominations](#)

Community Screening of 'Angst'

'**Angst**' is an hour-long film that addresses generalized anxiety and anxiety disorders in youth. We are excited to invite parents and community members of Oak Bay to join us for this film as the launch into our Mental Health and Wellness Week. Following the screening we will have a panel of mental health experts for a Q&A including Matt Staples (Counsellor at Oak Bay High), Lisa Van Bruggen (Registered Psychologist with the Queen Alexandra Centre for Children's Health) and Charlotte Brown (Public Health Nurse with the Victoria Island Health Association). In the two days following this event, students at Oak Bay High will be viewing this film. We are eager to see you **April 15th at 7:30 pm in the Dave Dunnet Theatre**. Admittance is by donation (suggestion of \$5 per family). Please click [here to view the 'Angst' trailer](#).

Admittance is by donation at the door (suggested \$5 per family) that will go towards supporting Oak Bay High's Connect to Care student initiatives.

To reserve your seat, please follow this link (<http://bit.ly/OBHAngst>) or use the QR code below (open the camera on your phone and hover over the QR code as it will open the Eventbrite invitation for you to "purchase" your free tickets).



New Oak Bay High Parent Evening

Parents who will be **NEW** to Oak Bay High in **September 2019** are welcome to join us on **Thursday, April 11 from 7:00 to 8:00 p.m.** for a presentation about what to expect, as well as brief tours around the school. Although new students are welcome to attend, the information is parent-focused.

The evening will start in the Dave Dunnet Theatre at 7:00 p.m. with information for parents. This will be followed by school tours starting at 7:30 p.m.

School District Career Fair - April 25

The annual SD61 Career Fair is just around the corner! It takes place at **Archie Browning Curling Arena** (1151 Esquimalt Road), on **Thursday, April 25th** from **9:00am – 2:30pm**. There will be upwards of 100 different exhibitors, covering a wide range of post-secondary and industry sectors. (See list of companies and organizations participating at the Career Fair on the next page.)

These sectors will include Health, Trades, Business, Tourism & Hospitality, Technology, Sport & Exercise, Art, Culture, Fashion, Agriculture, Education and much more. Within each of these sectors, we will be showcasing a variety of careers represented by passionate professionals that are excited to talk with our students about their jobs, how they got there, and what they love about them! In addition to having students learn about possible career and schooling options beyond high school, we also see the value in encouraging our students to engage in meaningful conversations with adults in industries they may be interested in.

Bus transportation will be arranged to and from the school. Students in Grade 10, as part of their Career Life Education Program (CLEA) that they are enrolled in, are strongly recommended to attend.

Students can sign up with Mrs. Giesbrecht in the Career Centre. Grade 10 students will also have the opportunity to sign up with their A block teachers, as again, it is hoped that Career Life Education (CLE) students in Grade 10 will take advantage of this great opportunity as part of their CLE Program.

Career Fair Participants 2019

Academy of Excellence Hairdesign & Aesthetics	Justice Institute of BC
Army Reserves (Cdn Armed Forces)	Kinetic Construction
Association of BC Forest Professionals	Kwantlen Polytechnic University
Association of BC Land Surveyors	Latitude Global Volunteering
BC Ferries	Les Roches & Glion - International Hospitality Schools
BC Regional Council of Carpenters	McDonalds (Kenkar Enterprises)
BC Sustainable Energy Association (Victoria)	Nicola Valley Institute of Technology
BC Transit	Pacific Design Academy
Camosun - Business	Pacific Horticulture College
Camosun - Center for Sport & Exercise Education	Pacific Rim College
Camosun - Indigenous Education & Community Connections	Paul's Motor Inn & The Laurel Point
Camosun - Recruitment & Admissions	Pixel Union
Camosun - South Island Partnership (SIP)	Plumbing/Pipefitters/ Union - Local 324
Canadian Armed Forces	Q College - Digital Business
Canadian College of Performing Arts	RCMP
Canadian School of Natural Nutrition	Roofing Contractors Association of BC (RCABC)
Career Connections - Insurance Institute of Canada	Royal BC Museum
Chartered Professional Accountants of BC	Royal Roads University
Construction Foundation of BC	Saanich Fire Department
Discovery Community College	SD61- HR
Duke of Edinburgh's Award, The	Slegg Lumber
Eagle Wing Tours	Sprott Shaw College
Electrical Union - IBEW Local 230	STEP (BCCA)
Employment Program of British Columbia/GT Hiring Solutions/Worklink, Beacon Community Service5	Student Work Abroad Program (SWAP) (Merit Travel)
Esquimalt Fire Department	Township of Esquimalt
Excel Career College	UVIC- Business & Management Program
Fairmont Empress	UVIC - Recruitment
Farmer Construction	UVIC - School of Human & Social Development
FIRST Robotics	Vancouver Community College
Fleet Maintenance Facility - Cape Breton DND	Vancouver Film School
Herold Engineering Ltd.	Victoria College of Art
HlghTechU	Victoria Flying Club
Industry Training Authority (ITA)	Victoria Police Department
Interior Designers Institute of British Columbia	VIU - Recruitment
Island Health - Biomedical Engineering	West Coast College of Massage Therapy
Island Health - Medical Lab Technology & Assistant	Westcoast Adventure College
Island Reporters	Western Maritime Institute
	WorkBC (Min. of Advanced Ed.,Skills, & Training)

Ocean Science Symposium May 24 and 25

Any grade 9 and 10 students who are interested in participating in the Ocean Science Symposium on May 24 and 25 at the University of Victoria, should **see Mr. Shrubsole in room 233 ASAP** and he will put together an application for our school.



7TH
ANNUAL



**OCEAN
NETWORKS
CANADA**

Ocean Science Symposium

Friday May 24th & Saturday May 25th, 2019 | 8:30 - 4:30 pm

UNIVERSITY OF VICTORIA, 3800 FINNERTY ROAD



"Inspiring and exposed the diversity of disciplines that science can contain—encouraged my passion!"

who? Students & educators in Grades 8-10 with an interest in marine science and technology.

why? To introduce students to the diverse field of ocean science and excite them about possible future studies and career opportunities.

what? Two days of engaging and experiential educational activities focused on marine science and technology through the disciplines of biology, place-based indigenous knowledge, chemistry, physics, engineering, geology, and social science. Students will learn about the ocean's health and current research topics through lively exchanges with grad students and expert oceanographers. Student interaction and collaboration will be encouraged through discussions and hands-on activities.

fee? Participation is free!



"It was incredible! I learned more things than expected and it gave me a clear vision of what field I'm interested in."

Educators click here to fill out an application for you & your students!

Applications are due by **Tuesday April 30th, 2019**
For more information, contact learning@oceannetworks.ca

A UNIVERSITY OF VICTORIA INITIATIVE



Important Information for Grade 12s**Graduation Transitions Course deadline is April 23.**

Grads and Parents - a reminder that the deadline to complete the Grad Transitions requirements is **Tuesday, April 23**. Grade 12s who have not completed their Grad Transitions Plan will not be allowed to attend the Grad dinner dance in May. GT is a grad requirement.

Where do I find out what I have completed?

- www.oakbaycareered.weebly.com
- Click on Graduation Transitions - GT Status - Choose your Advisor

Where do I find the assignments?

- www.oakbaycareered.weebly.com

Where do I hand in my assignments?

- Email your assignments to your GT Advisor or drop them off in your Advisor's mailbox in the office.

Who do I contact if I have questions?

- See your GT Advisor. (Advisories 1-30 see Ms. Taggart and Advisories 31-59 see Ms. Guy)
-



Kids for a Cause Club needs your help . . .

"Kids for a Cause" club is collecting any new and unused hygiene products to be donated to women and children in need at The Cridge Transition House for Women. The Cridge Transition House is a safe place for women with or without children who are escaping violence or abuse in their homes. Some of the items they need are: toothbrushes, toothpaste, shampoo, feminine hygiene products, conditioner, nail files, hair ties, dental floss, deodorant, body wash, hair brushes, toilet paper, lotion, moisturizer, lip balm, sunscreen and soap. Unused products from hotels are also much appreciated. We will be collecting these products up **until April 15th outside the main office.**

Thank you for your donations!
