

Oak Bay High School **Athletics Participation Package**

Dear parent/guardian,

Please take the time to review the attached information with your son/daughter. We are striving to communicate our expectations of student-athletes clearly. There are a few items I would like to point out specifically.

- Please make use of the Oak Bay Athletics website <https://goo.gl/gC7MpF> or Mr Fast's website www.mrfast.weebly.com before phoning the school. A detailed schedule of tryouts, team practices and home games are posted on these sites. You can link to the athletics site from the Oak Bay Secondary home page.
- The drivers forms are required of both parent and student drivers. Adult drivers must also complete a criminal record check and submit a driver's abstract. Student drivers must submit a driver's abstract. Go to the Oak Bay website for the code to get the CRC done for free and for the phone number at ICBC to request your driver's abstract. Junior teams in particular need a lot of parental support in driving to and from games. Please let the coach know of times you can help. Student drivers must also complete the forms.
- The attached paperwork is extensive but is both a District and school requirement and is required for each team an athlete plays on. It must be filled out before your son/daughter begins to play games. Uniforms are not issued until the paperwork is complete. Please have your child return uniforms once the season is complete.
- Recent cuts to BC School Sports funding and uncertainty surrounding the direct access to gaming grants to school PACs could impact our financial position significantly this year. In the past, we have been able to subsidize the costs of officiating, uniforms, entry fees for Island and BC championships and coaches costs for Island and BC Championships. We have never been able to cover the costs of exhibition play. This year costs for student/athletes could increase if direct gaming grants are cut. We know our athletic programs are highly valued but we are limited financially in what we can offer. Donations and sponsorship from parents and the community are welcomed. Tax receipts can be issued. For more information contact Athletic Director Richard Fast.
- Please recognize the outstanding efforts of our volunteer coaches. That being said, coaches are expected to adhere to the Coaches Code of Conduct. Any concerns can be direct to me.

EXPECTATIONS:

School Athletics are an extension of the classroom, and carry the same moral and legislative obligations for coaches, athletes and spectators.

Players are expected to:

- Treat opponents with respect
- Play hard, but within the rules
- Exercise self control at all times
- Respect the decision of the officials without gesture or argument
- Win with humility, lose with dignity
- Show that it is a privilege to represent their school and community
- Recognize and applaud honestly and wholeheartedly the efforts of teammates or opponents regardless of colour, creed or race.

Spectators will be expected to behave in a positive, courteous manner as guests of the host school.

Coaches too, are expected to maintain a high standard of conduct. Please be aware that any form of recruitment of students to attend a particular school for athletics violates the Associations' philosophy and regulations.

A Discipline Committee exists to rule on violations of the Rules or Association Regulations including conduct. Following due process, they will determine a course of action that may include suspension of a student coach a team or a school from Athletic Leagues/Events.

Mr. Richard Fast
Athletic Director

Oak Bay Athletic Philosophy

The coaching staff of Oak Bay is committed to offering an extra-curricular athletic program that will provide a range of competitive experiences. All participants will have opportunities to gain knowledge, skills and experience within each athletic activity. All activities will stress the development of a positive and respectful attitude.

We strive to maintain the competitiveness of our teams. As the same time, we ensure that each player can make a significant contribution to their teams' success. Generally players will be placed on teams within their own age categories. However, there may be circumstances when it is clearly advantageous for a student to play in a higher age group. In this case, the decision to "play up" will be made in consultation with the student the parent and coaches concerned. In most cases; however, due to the high participation levels at Oak Bay, Seniors (grade 11 and 12) will not be cut from teams in favour of younger players.

Junior (Grade 9/10) Open Tryouts

During non-league or exhibition matches, coaches will emphasize maximum participation and skill development for all players. During league and playoff games, participation will be according to work ethic, commitment to team, skill level, personal conduct and coaching strategy required in a specific game.

Senior (Grade 11/12) Open Tryouts

Participation will be based on work ethic, commitment to team, skill level, personal conduct and coach's discretion.

OAK BAY HIGH SCHOOL ATHLETICS
EXPECTATIONS OF STUDENT-ATHLETES

Participation in athletics at Oak Bay High School is a privilege.

Students are expected to maintain a satisfactory level of attendance and effort in all classes. Unsatisfactory effort marks on a report card may result in being suspended from participation in practices or games until satisfactory performance levels are met in all classes.

Team commitment is imperative. All athletes are expected to attend all regular practices, scheduled games and team meetings. If unable to attend they should make every effort to contact their coach or team sponsor.

Athletes are always expected to exhibit a high standard of behaviour and sportsmanship while performing to the best of their ability.

When travelling with a school team, all school rules apply. Failure to adhere to such rules will result in disciplinary action.

Students are responsible for the care and return of all uniforms issued by the coach. Failure to return a uniform at the end of the season will result in being charged for its replacement

A student who has an unexcused absence from any class or is unable to participate PE (ie medical or no strip) on the day of a practice or game will NOT participate in that practice or game.

I have read and understood the expectations and responsibilities described above and agree to my respective responsibilities and expectations, as described.

Student

Parent/Guardian

Date

OAK BAY HIGH SCHOOL
ACTIVITY/PROGRAM PARTICIPATION AGREEMENT

(Approved November 12, 1997)

Student Name: _____

Activity/Program: _____

Oak Bay High School offers students an exceptional variety of learning experiences, both in and outside the classroom. Although it is desirable for students to develop a wide range of skills, opportunities for learning in one area often attendance or achievement in classes, or participation in activities in other areas. Parents and students, with the assistance of school staff, must make personal decisions to set priorities and allot time to competing activities. In situations where such decisions are made, the school expects responsibility to be taken as follows:

Student Responsibility:

The student must meet with teachers well in advance, at mutually convenient times, to determine what work will be missed and to arrange to make up work at the earliest possible opportunity. At that meeting, the student will present the "What Will I Miss Form" for the teacher to sign. Teachers are NOT responsible for initiating make-up arrangements. The student is expected to attend all classes except those that occur when he/she is actually participating in the school activity. Absences resulting indirectly from participation in school-related activities (because the student is tired, for example) will be treated as unexcused.

Parent Responsibility

It will be the responsibility of the parent to assist the student in making good choices, organizing his/her time, and in making sound time-management decisions so that success in school remains a top priority and the student does not become overly fatigued or ill due to stress and/or lack of rest.

Classroom Teacher Responsibility

When a student plans to be absent due to a school-related activity, the classroom teacher will meet with the student at a mutually convenient time to arrange make-up work and will sign the "School-Related Absence Documentation" form to confirm the meeting. The classroom teacher will provide reasonable opportunities for make-up work, and students will not be penalized for such absences, provided that they fulfill their responsibility to make up missed work without delay after each absence. Teachers will provide students and parents with information, on request, about the possible consequences of missing work and/or missing class time.

Oak Bay Athletics Medical Information Form

This form must accompany the team to all games and practices.

Surname _____ Given Names _____

Date of Birth _____ BC Care Card Number _____

Person to Contact in an emergency _____

Day Phone _____ Evening phone _____

Family Doctor _____ Phone _____

Address _____

Please give relevant medical information on:

1. Medications _____

Are They carried by your child? _____ Are they administered by your child? _____

2. Allergies _____

3. Previous injuries _____

Is there anything else that we should know? _____

In event my child requires immediate medical treatment, I hereby authorize the team officials to seek treatment.

Signature of parent / guardian

Date