

## Oak Bay High School This Week @ Oak Bay High

Week of June 11-15, 2018

#### FRIDAY, JUNE 15 - Last Day of Regular Classes

#### The schedule is:

Block 5	8:25 - 9:10
Block 6	9:15 - 10:00
BREAK	10:00 - 10:10
Block 7	10:10 - 10:55
Block 8	11:00 - 11:45
Yearbook Dist	ribution 11:45 - 12:(

Yearbook Distribution 11:45 - 12:00 Barbeque 12:00

#### TEXTBOOKS

Students should hand in library books and any textbooks not needed for exams to the library by **Tuesday**, **June 12**.

#### LOCKER CLEAN OUT

By the end of day on June 14, student lockers must be completely EMPTY, doors closed, and locks attached backwards. Abandoned belongings will be donated to charity.

#### Oak Bay School Golf Team

Congratulations to the Oak Bay School Golf Team for qualifying to attend the BC School Golf AAA Championships. The team finished in 20th place.

#### Oak Bay High 5th Annual Short Film Fest 2018

The screening of the Oak Bay Short Film Fest 2018 was a great success. Congrats to Evan Stover, Spencer Boorman and Keegan Griffiths for winning People's Choice with *Divine Tragedy*.



You can view all the film entries on YouTube. The Film Fest is 40 minutes long. Click here to view.

#### Grade 9 Musical - Willy Wonka Jr.

Come out and see our grade 9 Junior Musical, Willy Wonka Jr.

Tuesday and Wednesday, June 12 & 13 at 7 pm. All tickets \$5 and are available from grade 9 Musical Theatre class members or at the door.



#### Lost and Found Items

The school has accumulated many articles of clothing, lunch kits, shoes, boots, bike helmets, etc. in the Lost and Found. These items will be on display in the main hall until June 28. Please encourage your students to check for things they have lost. Unclaimed items left at the end of June will be donated to charity.



#### **Upcoming Dates**

June 11 PAC Meeting, Library 7 pm

June 11 Track & Field Awards Dinner

June 11 Ukulele Concert 7 pm

June 12-13 Grade 9 Musical Theatre 7 pm

June 14 Lockers cleaned out

June 15 Last day of regular classes, yearbook distribution and end of year BBO

June 18-21 Classroom Final Exams, projects and culminating events

June 22 Numeracy Assessment (gr 11s)

June 25 English 12 Prov. Exam

**June 26** Français Langue 12 Prov. Exam

June 27 Communications 12 Prov. Exam

June 28 Students pick up report cards 10:00 to 11:00 a.m.

# OAK BAY COMMUNITY CONVERSATIONS

# YOUTH MENTAL HEALTH AND SUBSTANCE USE

Tuesday, June 19, 2018 7:00 - 9:00 PM Dave Dunnet Community Theatre at

### Oak Bay High School

2121 Cadboro Bay Road

Parents, youth, and the community are invited to join the conversation!

Participation is free and open to the public.

What leads youth to substance use?

What helps reduce risks?



How can you talk about substance use in your family?

Learn what resources are available to help in these important conversations.

Special Guest Speaker:

Hon. Rob Fleming, Minister of Education



Featured guests:

**Cindy Andrew**, Helping Schools Program Consultant, Canadian Institute for Substance Use Research

**Reg Fleming**, Island Health Discovery Youth and Family Services Coordinator

**EJ Weston**, 18 year old LGBTQ+ and Mental Health Advocate

#### "Addressing Anxiety in Teens and Young Adults 12+"

Presented by Amy Schactman, Clinical Coordinator and Lorna Mace, Social Worker at the Foundry Victoria

School is out - How can we support our kids throughout the summer if they struggle with stress and anxiety? Amy and Lorna will present on how stress affects our kid's thoughts, bodies and behaviours. They will facilitate a discussion about coping mechanisms and different ways for kid's to manage stress and anxiety. They will also offer resources to support you as the parent and caregiver.

Join us for an interactive discussion for parents and caregivers of youth who are struggling with mild to moderate stress and anxiety.

Location: The Foundry Victoria, 818 Douglas St. (Near The Noodle Box)

Date & Time: Tuesday June 19th, 6:30 - 8:30

**RSVP:** <u>https://bit.ly/2JhYs40</u>



#### June 2018 Exam Schedule

Regular scheduled classes finish on June 15 with a modified (shortened) schedule. On June 18-21 we have scheduled classes, but each block is lengthened to allow for culminating events, projects or final exams. While each block is 2.5 hours in length, it is the teacher's discretion whether the student may leave after 1.5 hours. We ask that students leaving before the scheduled break times leave the campus to allow for continued "quiet time" during that week. The schedule is also posted on the school website under "Quick Links"-Exam Schedule 2018

JUNE 2018 EXAM SCHEDULE							
	June 18	June 19	June 20	June 21	June 22		
	Monday	Tuesday	Wednesday	Thursday	Friday		
8:30-11:00	Block 1	Block 2	Block 3	Block 4	Numeracy Assessment (gr 11s)		
Lunch	Lunch	Lunch	Lunch	Lunch	9:00 & 1:00		
12:30-3:00	Block 5	Block 6	Block 7	Block 8	(See posted schedule) Make-Up time to write missed exams		
	June 25	June 26	June 27	June 28	June 29		
	Monday	Tuesday	Wednesday	Thursday	Friday		
	English 12 Prov. Exam at 9:00 a.m.		Comm 12 Prov. Exam at 9:00 a.m. (offered upon request see Ms.Paas)	Report Card Pick Up 10 - 11 a.m.	Admin Day		
		Français Langue 12 Prov. Exam at 1:00 p.m.					

June 18-21 Scheduled classes for final exams.

June 22 Numeracy Assessment (grade 11s)

June 25 English 12 Provincial Exam at 9:00 a.m.

June 26 Français Langue 12 Provincial Exam at 1:00 p.m.

June 27 Communications 12 Provincial Exam at 9:00 a.m.

Numeracy Assessment and Provincial Exams: <u>Click here for times and room assignments</u>