



Oak Bay High School

This Week @ Oak Bay Nation

Week of February 26 - March 2, 2018

Marine TASK (Trades Awareness Skills & Knowledge).

South Island Partnership (SIP) would like to offer a new and exciting program to our secondary students:

Marine TASK (Trades Awareness Skills & Knowledge). This program is centered around several trades through a marine lens. Four safety certifications will also be achieved through the program. In the poster link attached, as well as the details below, you will see that this has two parts:

- a) an online course (TACC 109 – *Trades Access Common Core*) from April to June
- b) face to face, hands on instruction at Camosun Interurban in July and August.

Applications are due by **March 16, 2018.**

Grade 11 or 12 students who complete the TACC 109 course by distance, and are willing to invest their summer months into this unique and valuable opportunity should apply.

For more information on the program please contact Mrs. Giesbrecht or see the link here: [Marine TASK](#)

[Summer Program](#)

A **Career Trades & Transitions Evening** is coming up on Tuesday, February 27th at Reynolds Secondary from 6:30 to 7:30 pm. [Career, Trades & Transitions Evening](#)

PARENTS IN THE KNOW

Another session of Parents in the Know is planned to start in April. This 10 week parent group is designed to provide tools and support for parents of teens.

One of our parents who attended the previous session had this to say:

"Parents in the Know should be required learning when your kids are about 12 or 13, for your own sanity! No one should have teens in their house without taking this course. With a focus on relationships, compassionate communication, values, boundaries, adolescent development, parents taking care of themselves and some of the tricky topics like sex, substance use, anger, mental health and letting go, there was a lot covered. I looked forward to every class, and sharing some of our ups and downs with other parents in the class. The facilitators were knowledgeable, compassionate and funny, and we all felt a lot better each week. I have lots of new tools, I feel much calmer and I value my teen like I never thought possible."

Please contact Mike Schmalz for further information or to sign up for the next group. More information is also attached to this newsletter.

Mike Schmalz, Boys & Girls Club
Phone: 250-384-9133 ext.222
Email: mschmalz@bgcivc.org

Oak Bay High School Musical Theatre Presents Cole Porter's "Anything Goes"



February 28 and March 1, 2, 3 at 7:30 pm
February 25 at 2:00 pm

Tickets available at \$12 for Adults and \$10 for Students and Seniors.

Tickets available through [School Cash Online](#), from the school Accounts Office, at Ivy's Bookshop or at The Shieling.

Sea of Cortez Trip - Spring Break 2019

- 16 spots available
- March 16th - 23rd, 2019
- **Trip sign-up form link** <https://goo.gl/forms/anD33HS3g4qNvUq2>
 - Sign-up before **Friday March 9th**
 - Successful participants will be contacted after this date
- Activities:
 - Snorkeling every day from our live-aboard boat!
 - Kayaking
 - Desert Island Nature Hikes
 - Marine Life Encounters (dolphins and whale sharks) & Wildlife Conservation (whale shark research)
 - Cultural Interactions & Baja Gifts program

Questions: please contact Mr. Shrubsole (dishrubsole@sd61.bc.ca) or Mr. Atkinson

(patkinson@sd61.bc.ca)

Check out the Panterra website for more details and our trip last year! <http://panterra.com/youngnaturalist-expeditions-2/>

"Water is Life" Netherlands Exchange Oak Bay High School (Canada) & Maurick College (Netherlands)

September 2018 - Visit from Maurick College Students to Victoria - Plastic Pollution Project

April 2019 - Visit to Maurick College (Netherlands) - Migratory Seabird Project

What are the perks of the 'Water is Life' exchange?

- To develop practical scientific field skills
- To engage in a local, relevant, real-world research project
- Chance to earn 4 credits through 'Directed Studies' Course
- To develop friendship and collaborative networks through 'Directed Studies' Course
- To visit and experience the culture of The Netherlands, including a chance to visit Amsterdam

Interested in the Exchange and want to hear more?

Come to Mr. Shrubsole's room (#233) on **Tuesday March 6th** at Lunch

Questions? Email dishrubsole@sd61.bc.ca

Upcoming Dates

Feb 23 - March 3	Musical "Anything Goes"
Feb. 28	Math Contests
Feb. 28	Pink Shirt Day
Feb. 28	Grad Fees due
Feb. 28	Valedictorian Election
March 1 & 2	Band Fest at UVic
March 5-7	Ski Team to Provincials
March 8	Team Planning (no block 2)
March 12	Report Cards Sent Home
March 13	Choir Concert 7 pm
March 19 to April 3	Spring Break
School re-opens on April 4	
April 10-11	Choir Festival
April 12	Team Planning (no block 3)
April 19	Grade 9 Speak Out
April 19	SD 61 Career Fair 9:00 am to 2:30 pm
April 20	Pro D Day (no classes)
April 24	Dance Festival
April 26	Team Planning (no block 4)

PARENTS IN THE KNOW

Do you feel concerned about your teen?
Do you feel unsure at times on how to support your teen?
Do you worry about your teen's choices?

Non-judgemental
Respect
Empathy Compassion
Hope Self-Care Support
Communication Boundaries
Temperament Relationships
Brain Development

We Understand

PARENTS IN THE KNOW

WHERE: Oak Bay High School - 2121 Cadboro Bay St, Victoria

DATE/TIME: Starting Thursdays in April (exact date TBD)
(10 Weeks) @ 6:30pm

REGISTRATION: Must pre-register

FOR MORE INFORMATION/TO REGISTER: Mike Schmalz

P - 250-384-9133 ext 222
mschmalz@bgcvcic.org



Boys & Girls Club
Services of Greater Victoria
A good place to be