



Oak Bay High School This Week @ Oak Bay Nation

Week of December 18-22, 2017

Message from the Principal

As we finish the calendar year, we can remind ourselves that our students are exceptional in their approaches to their studies, their community service and their fine art and athletic commitments. Academically, 56% of our students earned Honour Roll status for this first report card. For the first half of the year our students worked tirelessly on many philanthropic campaigns such as Cops 4 Cancer, Christmas hampers, blanket and sock drives, Youth Against Cancer and Holiday Shoe Boxes. Band and Choir performances highlight our strong Performing Arts programmes and, in the near future, we will have our Musical Theatre and Evenings of Dance. Over 40 teams exist in our school, allowing students a chance to participate in a variety of sports. The Gary Taylor Basketball Tournament this past weekend was terrific and our fall sports (Colonist Cup for Sr. Boys Soccer, Island Championships for Jr. Girls Volleyball and Provincial Championships for Boys and Girls Cross Country) were extremely successful. On behalf of the staff at Oak Bay, I wish you and your family a restful break and all the best in 2018.

Randi Falls

PARENTS IN THE KNOW

A 10 week educational group designed to provide tools and support for parents of teens (ages 13-19), who would like to begin to explore their parenting and the challenges that arise during the teenage years. The group meets once a week on Thursday for two hours to discuss things such as adolescent development, communication skills, boundaries, and substance use, among others topics. This helps to create a dialogue and learning opportunity for parents interested in changing the dynamic within the home. The group costs \$45/person or \$65/couple and parents must pre-register. Please contact Mike Schmalz for further information or to sign up for this group. More information is also attached to this newsletter.

Mike Schmalz, Boys & Girls Club
Phone: 250-384-9133 ext. 222
Email: mschmalz@bgcivc.org

Friday Schedule at School

- * 8:30 am - Polar Bear swim at Willows Beach
- * 9:00 am - Students to Advisory classes
- * 9:15 am - Pancake Breakfast
- * 10:15 am - Winter Assembly



Thank You Parents!

The Oak Bay High staff would like to thank the PAC for putting on the Staff Appreciation Luncheon and thank all the parents who sent contributions. It was a delicious lunch and a chance for all our staff to connect in a relaxed social environment.



Oak Bay High School Drama and Dance

Presents

The Nutcracker

December 19, 2017

7 pm in the Dave Dunnet Theatre

Adults \$5 Students \$2

Doors Open at 6:30 p.m.

Help Prevent Bike Thefts

The Oak Bay Police Department has the following tips to help prevent bike thefts:

- Lock your bike in a high visibility area
- Do not leave your bike overnight
- Use a high quality bike lock
- Lock your bike to a strong immovable item (not a chain link fence)
- Register your bike with the Oak Bay Police



OAK BAY FIRE FIGHTERS

Christmas Tree Recycle
January 6th & 7th 9am-5pm at Fireman's Park



Did You Know?

Oak Bay Firefighters have been helping Oak Bay students with funds collected through our Christmas Tree recycle program for over thirty years; and have donated over **\$62,000** in educational support. Please support this year's Christmas Tree recycle

Upcoming Dates

- December 19**
Drama Evening 7 pm Theatre
- December 22**
Polar Bear Swim, Santa's Breakfast & Winter Assembly
- Dec. 25 to Jan. 5**
Winter Break
- Jan. 8**
School re-opens
- Jan. 11**
Team Planning (No block 3)
- Jan. 15**
PAC Meeting 7 pm Library
- Jan. 15**
Scholarship Workshop
7 pm Theatre
- Jan. 16**
Drama Evening 7 pm
- Jan. 23, 24, 25**
Evenings of Dance 7 pm
- Jan. 26**
Communications 12 Provincial Exam at 9 am
- Jan. 29**
Pro-D Day
- Jan. 31**
Course Planning Assemblies
- Feb. 1**
Mini Course Fair & Grad Assembly
- March 19 to April 2**
Spring Break

PARENTS IN THE KNOW

Do you feel concerned about your teen?
Do you feel unsure at times on how to support your teen?
Do you worry about your teen's choices?

Non-judgemental
Respect
Empathy Compassion
Hope Self-Care Support
Communication Boundaries
Temperament Relationships
Brain Development

We Understand

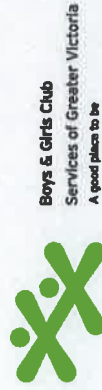
PARENTS IN THE KNOW

WHERE: Oak Bay High School - 2121 Cadboro Bay St, Victoria

DATE/TIME: Starting Thursdays January 11th - March 15th, 2017
(10 Weeks) @ 6:30pm

REGISTRATION: Must pre-register

FOR MORE INFORMATION/TO REGISTER: Mike Schmalz
P - 250-384-9133 ext 222
mschmalz@bgcvic.org



Boys & Girls Club
Services of Greater Victoria
A good place to be